

CLINICAL PRACTICE

Antibiotic Allergy

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This Journal feature begins with a case vignette highlighting a common clinical problem. Evidence supporting various strategies is then presented, followed by a review of formal guidelines, when they exist. The article ends with the authors' clinical recommendations.

A 55-year-old woman presents to the hospital with cellulitis. She reports a history of urticaria 30 years earlier associated with taking penicillin for a respiratory tract infection. Should cephalosporins be avoided? More generally, how should patients with a history of allergy to antibiotics be evaluated and treated?

THE CLINICAL PROBLEM

Although allergic reactions to antibiotics account for only a small proportion of reported adverse drug reactions, they are associated with substantial morbidity and mortality and increased health care costs.¹⁻³ Estimates of the prevalence of antibiotic allergy vary widely.¹⁻³ Any organ may be affected, but the skin is most commonly involved. Data from the Boston Collaborative Drug Surveillance Program¹ indicate a 2.2 percent frequency of cutaneous drug reactions among hospitalized patients, with the antibiotics amoxicillin, trimethoprim-sulfamethoxazole, and ampicillin the most commonly implicated agents. More recently, a six-month prospective analysis in France showed a prevalence of cutaneous drug eruptions of 3.6 per 1000 hospitalized patients; antibiotics accounted for 55 percent of cases.⁴

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PATHOGENETIC FEATURES

Allergic reactions are, by definition, immunologically mediated. A single drug may initiate multiple immune responses, and multiple antigenic determinants may be formed from a single drug.^{5,6} For instance, a major antigenic determinant and several minor determinants have been identified for penicillin (Fig. 1).⁷ T cells play a predominant role in delayed hypersensitivity reactions, including antibiotic-induced maculopapular eruptions (Fig. 2),⁸ whereas drug-specific IgE antibodies cause urticarial reactions (Fig. 3). A classification of drug-induced immune responses is in the Supplementary Appendix, available with the full text of this article at www.nejm.org.

CLINICAL FEATURES

The clinical features of antibiotic allergy are highly variable in terms of the type and severity of the reaction and the organ systems affected (Table 1). Factors such as the type of drug used, the nature of the disease being treated, and the immune status of the patient are all believed to play an important role in the clinical expression of these responses.⁹ The most common reactions to antibiotics are maculopapular skin eruptions, urticaria, and pruritus.^{1,10} These reactions typically occur days to weeks after initial exposure to a drug (during which sensitization occurs), although on secondary exposure, the reaction usually occurs much sooner, sometimes within minutes to hours.¹¹ Occasionally, a hypersensitivity syndrome develops that

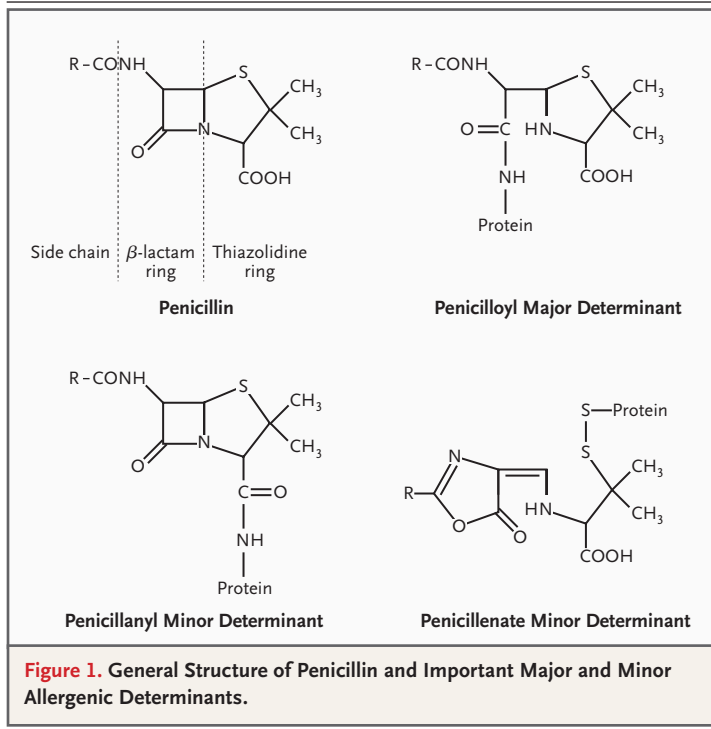


Figure 1. General Structure of Penicillin and Important Major and Minor Allergenic Determinants.

is characterized by fever, eosinophilia, and other extracutaneous manifestations.¹²

Some antibiotics also affect organs other than the skin. For instance, the combination of amoxicillin and clavulanic acid can cause cholestatic liver injury, whereas hemolysis and cytopenias, most likely caused by drug-specific antibodies, are reported with high-dose penicillin and cephalosporin therapy.¹³ Severe reactions such as anaphylaxis, mediated by drug-specific IgE antibodies, are rare. Although anaphylaxis may theoretically occur with any antibiotic, only the frequency of penicillin-induced anaphylaxis is well described (1 in 5000 to 10,000 courses of drug therapy).¹⁴

SPECIAL CASES

Human Immunodeficiency Virus

Patients infected with the human immunodeficiency virus (HIV) have a higher frequency of allergic reactions to a range of antimicrobial agents (including sulfamethoxazole, amoxicillin, clindamycin, dapsone, and amithiozone) than do persons without HIV infection.¹⁵ Hypersensitivity to trimethoprim-sulfamethoxazole occurs in 20 to 80 percent of patients infected with HIV, as compared with 1 to 3 percent of persons not infected with HIV.¹⁶ These high rates of reaction are not

well understood but may be caused by altered drug metabolism, decreased glutathione levels, or both.^{15,17}

Cystic Fibrosis

In approximately 30 percent of patients with cystic fibrosis, allergy develops to one or more antibiotics.¹⁸ Piperacillin, ceftazidime, and ticarcillin have been most commonly implicated, with the risk being higher after parenteral administration than after oral administration. Repeated exposure to antibiotics and immune hyperresponsiveness are thought to underlie the high prevalence of allergic reactions in patients with this disease.¹⁹

Infectious Mononucleosis

The likelihood of cutaneous reactions to penicillins and other antimicrobial agents is increased among patients with infectious mononucleosis.^{20,21} Although the mechanism of these drug reactions is not clear, the viral infection may alter the immune status of the host.²² In such cases, the implicated agent can be readministered safely once the viral infection has resolved.²³

STRATEGIES AND EVIDENCE

CLINICAL ASSESSMENT

Medical history taking is critical in the evaluation of antibiotic allergy²⁴ and in distinguishing allergic reactions from other adverse reactions (Fig. 4). This information is important, since overdiagnosis of allergic reactions can lead to unnecessary use of more costly antimicrobial agents and may promote the development of resistant microorganisms.¹⁵ Table 2 provides questions, the answers to which may help determine whether a reaction is immunologically mediated and, if so, the type of immune mechanism responsible. Whenever possible, patients who are being evaluated for possible antibiotic allergy should be encouraged to provide all medical records related to previous adverse drug reactions. Table 1 summarizes the most common reactions associated with various antibiotic classes.²⁷

DIAGNOSTIC TESTS

Skin Testing

Skin testing may be used to detect allergen-specific IgE antibodies. However, with the exception of penicillin, the relevant immunogens (which may be derived from an unidentified drug metabo-

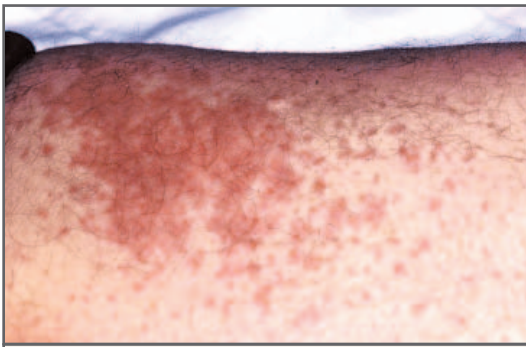


Figure 2. Maculopapular Rash Associated with Flucloxacillin Allergy.

Photograph courtesy of Peter Friedmann, University of Southampton, United Kingdom.



Figure 3. Urticaria Associated with Ampicillin Allergy.

Photograph courtesy of Peter Friedmann, University of Southampton, United Kingdom.

lite or degradation product) are not known for most drugs. Thus, there are no valid *in vivo* or *in vitro* diagnostic reagents available for identifying most antibiotic-specific IgE antibodies. Although the parent antibiotic compound may be used in testing by allergy specialists, a negative response on a skin test cannot be interpreted to mean that IgE antibodies are absent.²⁸ Rather, a negative result may simply indicate insufficient sensitivity of the assay technique or, more likely, that the appropriate drug immunogen was not used in testing.

Skin testing is highly accurate for the identification of penicillin allergy, however. The clinically relevant antigenic determinants for penicillin are well characterized and include the important penicillin determinant penicilloyl polylysine and multiple minor determinants. Skin testing is performed with penicilloyl polylysine and either penicillin G diluted to 10,000 U per milliliter or a mixture of minor determinants that usually includes a 10^{-2} M mixture of benzyl penicilloate, benzyl penicilloate, and benzyl-n-propylamine.²⁹ Skin-prick testing with full-strength materials is done first, and if these tests are negative at 15 minutes, they are followed by intracutaneous testing. An increase in the wheal diameter of at least 3 mm (as compared with the negative control) in the presence of erythema constitutes a positive test. Less than 20 percent of patients who report a history of penicillin allergy have detectable penicillin-specific IgE antibodies at the time of testing.³⁰⁻³² Negative skin testing indicates that the previous reaction was not IgE-mediated or that the antibodies are no longer present; in either case, penicillin can be administered again

with minimal risk of an immediate reaction (no more than 4 percent, an incidence similar to that in the general population^{33,34}). Although penicilloyl polylysine has recently become unavailable commercially owing to manufacturing issues related to the production of a low-volume product, production is expected to resume in the future.

Other Testing

Skin testing is not predictive for drug reactions that are not mediated by IgE. In such cases, other tests may be useful but must be performed during or soon after the reaction. A positive Coombs' test indicates cell-bound antibodies (e.g., penicillin-induced hemolytic anemia), and low complement levels may indicate the involvement of the complement cascade (e.g., minocycline-induced serum-sickness-like reaction³⁵). Levels of serum tryptase, a mast-cell-specific neutral protease that indicates systemic mast-cell activation, have been shown to be elevated for several hours after anaphylactic drug reactions.³⁶

Drug-specific T cells, which are involved in some hypersensitivity reactions, may be detected with the use of *in vitro* lymphocyte transforma-

Table 1. Antibiotic-Induced Allergic Reactions.

Penicillins	Urticaria, angioedema, anaphylaxis, maculopapular skin eruptions, exfoliative dermatitis, vesicular eruptions, erythema multiforme, Stevens–Johnson syndrome, toxic epidermal necrolysis, serum-sickness–like reactions, vasculitis, cytopenias
Cephalosporins	Urticaria, angioedema, anaphylaxis, maculopapular skin eruptions, erythema multiforme, Stevens–Johnson syndrome, toxic epidermal necrolysis, renal dysfunction, toxic nephropathy, hepatic dysfunction, aplastic anemia, hemolytic anemia
Sulfonamides	Urticaria, angioedema, anaphylaxis, maculopapular drug eruptions, exfoliative dermatitis, erythema multiforme, Stevens–Johnson syndrome, toxic epidermal necrolysis, allergic myocarditis, periarteritis nodosa, serum-sickness–like reactions, photosensitivity reactions
Macrolides	Urticaria, angioedema, anaphylaxis, mild skin eruptions, photosensitivity, Stevens–Johnson syndrome, toxic epidermal necrolysis
Fluoroquinolones	Urticaria, angioedema, pruritus, photosensitivity, flushing, fever, chills, angioedema, erythema nodosum, anaphylaxis, hyperpigmentation
Tetracyclines	Urticaria, angioedema, anaphylaxis, pericarditis, polyarthralgia, exacerbation of systemic lupus erythematosus, pulmonary infiltrates with eosinophilia
Vancomycin	Anaphylaxis, drug fever, eosinophilia, skin eruptions (including exfoliative dermatitis), Stevens–Johnson syndrome, toxic epidermal necrolysis, vasculitis

tion tests, which are widely used in Europe but not approved for use in the United States. This test involves mixing lymphocytes from the patient with the drug that elicited the reaction. If drug-specific T cells are present, a proliferative response may result; proliferation, as measured by the incorporation of tritiated thymidine in the presence of the drug, is compared with that in the absence of the drug.³⁷ A positive test result indicates that the patient has been sensitized to the drug. However, sensitization may be present even in the absence of any clinical manifestations, and positive test results have been demonstrated in both immediate and delayed antibiotic-induced reactions caused by β -lactam drugs, sulfonamides, and quinolones.³⁷ Until this test is further validated, it is best considered a research tool.

Provocation testing, which involves the administration of approximately three to six increasing doses of a drug up to the usual daily dose, may be used to confirm drug hypersensitivity.³⁸ However, provocation testing carries a clear risk of a reaction similar to the previous immediate hypersensitivity reaction, although subsequent reactions are generally milder and briefer than the original reaction. In one study, the overall rate of such reactions during provocation testing was 17.6 percent.³⁸ Thus, such testing should be performed only by experienced personnel in a setting in which equipment for cardiopulmonary resuscitation is available.

TREATMENT

Drug Desensitization

For reactions that are presumed to be mediated by IgE, drug desensitization may be performed if the implicated agent is required for treatment.²⁹ Desensitization is performed by a person with appropriate training, typically in a hospital setting. It involves the administration of increasing amounts of the antibiotic slowly over a period of hours until a therapeutic dose is reached. The typical starting dose is in micrograms; the route of administration may be oral or intravenous, but the oral route appears to be associated with fewer reactions. Doses are doubled every 15 to 30 minutes; therapeutic levels can be obtained in most cases within 4 to 5 hours.^{29,39} The patient is monitored closely throughout the procedure, and antihistamines and inhaled β -agonists are given for urticarial reactions and bronchospasm, respectively. If a mild reaction (e.g., flushing or urticaria) occurs, the procedure may resume at the last tolerated dose; if a reaction is severe (hypotension or severe bronchospasm), the procedure should be aborted and an alternative antibiotic selected.

The mechanism by which clinical tolerance is achieved is unclear, but it is thought to involve antigen-specific mast-cell desensitization.⁴⁰ Since maintenance of a desensitized state requires the continuous presence of the drug, desensitization must be repeated if the antibiotic is required again later.

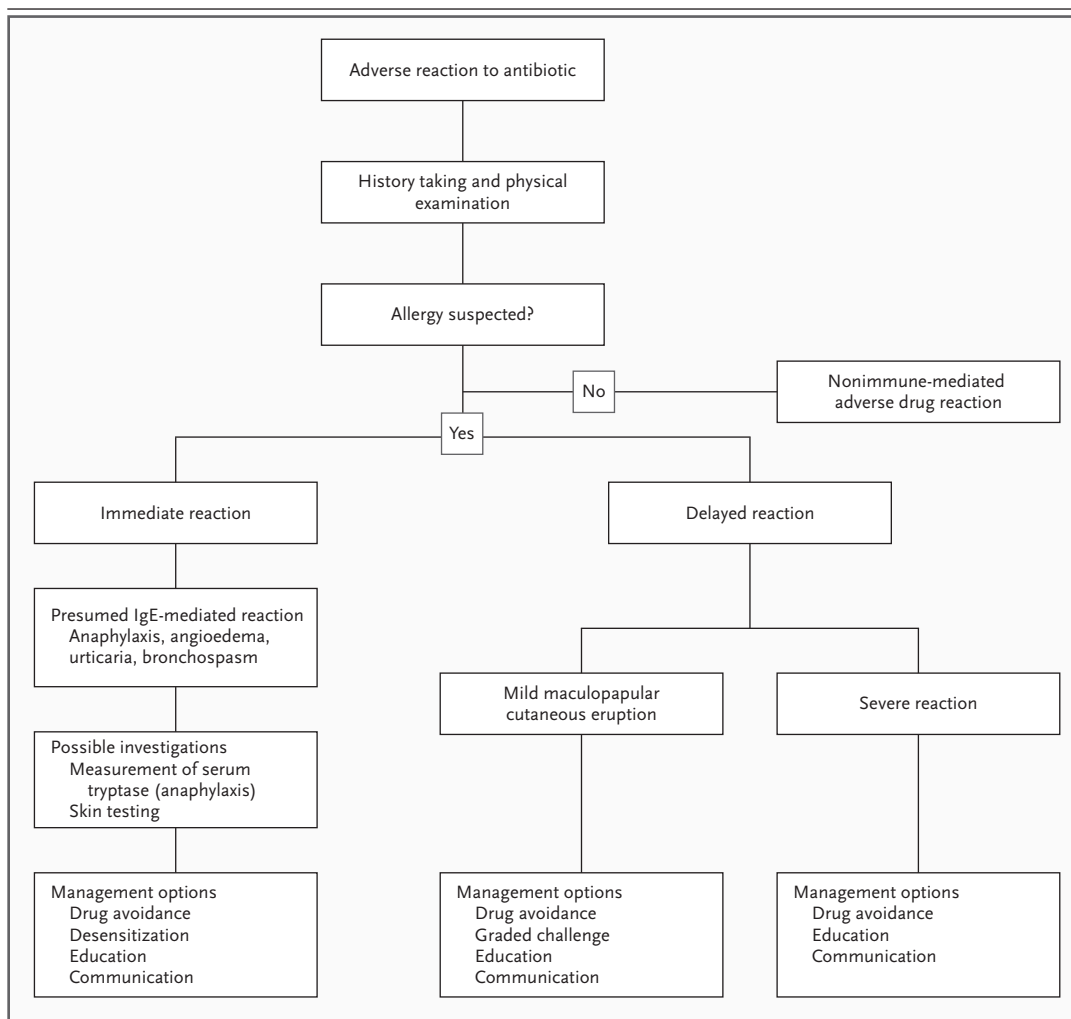


Figure 4. Algorithm for the Management of Antibiotic Allergy.

Nonimmune-mediated drug reactions are more common than are immune-mediated reactions. Treatment of immune-mediated reactions depends on whether the patient has a history of an immediate, IgE-mediated reaction (e.g., anaphylaxis), as compared with a delayed reaction that is mediated by T cells, antibodies, or immune complexes (categorized as type 2 to 4 hypersensitivity reactions). Skin testing is used for the detection of allergen-specific IgE antibodies. A negative response on a skin test cannot be interpreted to mean that IgE antibodies are absent except in the case of penicillin, in which case readministration of the drug in patients with a negative skin test is associated with a minimal risk of immediate reaction. Severe reactions include cytopenias, immune-complex disease, hypersensitivity syndrome, blistering rashes, and involvement of extracutaneous organs such as the liver. Treatment options are determined by the nature and severity of the reaction. In all cases, however, education and communication with the patient and the referring physician as to the detailed nature of the final diagnosis are vital to ensure the success of the management strategy and to prevent a recurrence of antibiotic allergy.

In a recent retrospective report,⁴¹ desensitization for IgE-mediated drug allergy was successful in 43 of 57 cases (75 percent). Eleven desensitizations (19 percent) were complicated by severe allergic reactions, either during the procedure (anaphylaxis) or days after its completion (serum

sickness); three were terminated for reasons other than allergic reactions. In most cases of failed desensitization, the drug reaction did not appear to be solely mediated by IgE. Desensitization appears more likely to fail in patients with cystic fibrosis.^{19,41}

Table 2. Checklist for Distinguishing Immune-Mediated Reactions from Nonimmune-Mediated Reactions.**Could the reaction have been caused by known pharmacologic actions of the drug?**

The Physicians' Desk Reference provides information about the nonimmune adverse reactions of many prescription drugs (toxicity, side effects, secondary effects, and drug interactions).

Was this a first-dose reaction?

Reactions that occur with the first dose either are not immunologically mediated or are an indication of previous sensitization. Sensitization can occur through previous exposure to a drug that contains antigenic determinants common to both drugs.

What was the nature of the reaction?

Urticaria, angioedema, and anaphylaxis that are caused by drug-specific IgE antibodies require a period of sensitization (i.e., do not occur with the first dose). These reactions may also be caused by direct release of mast-cell mediators (nonimmune mechanism), and in such instances, the reaction may occur with the first dose. Certain antibiotics (vancomycin and the fluoroquinolones) cause direct mast-cell release in the absence of drug-specific IgE antibodies.^{25,26} These reactions may recur with repeated administration of the drug. Maculopapular exanthems are mediated by T cells. Certain cytopenias are immune-induced and are caused by IgG or IgM antibodies.

What was the time course of the reaction?

Immediate reactions (i.e., those that occur within minutes to hours) suggest an IgE-mediated event and are caused by preformed IgE antibodies. Drug-induced hemolysis may occur within a short time after drug administration if preformed drug-specific IgG antibodies exist. Delayed reactions (i.e., those that occur after days to weeks) suggest a drug-specific T-cell-mediated mechanism. Reactions in this category include eczematous, maculopapular, bullous, and pustular exanthems.

Graded Challenge

For reactions that are not considered to be mediated by IgE, management depends on the clinical manifestations of the previous reaction. For maculopapular eruptions, the specialist may consider a graded drug challenge, which is equivalent to provocation testing.²⁹ Initial starting doses are generally higher than those used for desensitization (milligrams vs. micrograms), and the interval between doses varies, ranging from hours to days or even weeks. The patient is monitored for adverse reactions, which are most commonly cutaneous. The decision whether to discontinue an antibiotic if a reaction occurs depends on the nature of the reaction; bullous lesions or those involving mucous membranes warrant withdrawal of the drug, whereas it may be reasonable to treat through milder reactions, such as maculopapular eruptions, with the use of antihistamines, corticosteroids, or both as needed.

During drug readministration, repeated hypersensitivity reactions (morbilliform eruptions, fever, or both) have been noted in 58 percent of patients with the acquired immunodeficiency syndrome who have had previous reactions to sulfamethoxazole.⁴² Several graded-challenge procedures have been used successfully in such patients. An analysis of several studies showed that readministration of sulfamethoxazole with the use of an incremental-dosing regimen permitted the use of the drug in more than 75 percent of treated patients.⁴³ Repeated administration is contraindicated, however, after any life-threatening reaction that is not mediated by IgE (e.g., drug-

induced hemolytic anemia, immune-complex reactions, the Stevens-Johnson syndrome, and toxic epidermal necrolysis).

CEPHALOSPORIN IN PATIENTS WITH PENICILLIN ALLERGY

Penicillins and cephalosporins share a β -lactam ring structure, making cross-reactivity a concern. Although a rate of cross-reactivity of more than 10 percent has been reported, this figure must be interpreted with caution since it is based on retrospective studies in which penicillin allergy was not routinely confirmed by skin testing, and at least some of the reactions were probably not immune-mediated.⁴⁴ Available data, although based on small numbers, suggest an increased risk of cephalosporin reactions among patients with positive results on penicillin skin tests. In a review combining data from 11 studies of cephalosporin administration in patients with a history of penicillin allergy,⁴⁵ cephalosporin reactions were found to have occurred in 6 of 135 patients with positive skin-test results for penicillin allergy (4.4 percent), as compared with only 2 of 351 with negative skin tests (0.6 percent).

Whereas most patients who have a history of penicillin allergy will tolerate cephalosporins, indiscriminate administration cannot be recommended, especially for patients who have had life-threatening reactions.²⁹ Among 12 cases of fatal anaphylaxis caused by antibiotics in the United Kingdom from 1992 to 1997, 6 cases occurred after the first dose of a cephalosporin, and 3 of the 6 patients were known to have penicillin allergy.⁴⁶

For patients with a history of penicillin allergy who require a cephalosporin, treatment depends on whether the previous reaction was mediated by IgE.^{29,47} Skin testing is warranted if the reaction was consistent with an IgE-mediated mechanism or if the history is unclear. In one study, one third of patients with positive results on skin tests had unclear or vague histories of penicillin allergy.⁴⁸ If testing is positive and a cephalosporin is considered necessary, then desensitization should be performed with the use of the particular cephalosporin chosen for treatment. A possible alternative is to perform a graded challenge with the cephalosporin,²⁹ but the risk of anaphylaxis, although low, must be recognized.²⁹ If the history is inconsistent with an IgE-mediated mechanism, it is considered safe to initiate a graded challenge without previous skin testing.

SULFONAMIDE ALLERGY

For patients who have a history of allergy to sulfonamide antibiotics, concern has been raised about the use of other sulfonamide-containing drugs (diuretics, sulfonyleureas, and celecoxib). However, sulfonamide antimicrobial agents (sulfamethoxazole, sulfadiazine, sulfisoxazole, and sulfacetamide) differ from other sulfonamide-containing medications by having an aromatic amine group at the N4 position and a substituted ring at the N1 position; these groups are not found in nonantibiotic sulfonamide-containing drugs. Thus, despite product-labeling warnings, cross-reactivity between these two groups of sulfonamides is believed to be unlikely.^{49,50}

In a large observational study,⁵¹ patients with a history of allergy to sulfonamide antibiotics had an increased risk of an allergic reaction to nonantibiotic sulfonamides, as compared with patients without such a history (adjusted odds ratio, 2.8; 95 percent confidence interval, 2.1 to 3.7), and were even more likely to have a reaction to penicillin (adjusted odds ratio, 3.9; 95 percent confidence interval, 3.5 to 4.3). These results suggest that the association between an allergy to sulfonamide antibiotics and subsequent reactions to nonantibiotic sulfonamide drugs is probably attributable to a predisposition to allergic reactions in general, as opposed to cross-reactivity between sulfonamide-containing antibiotics and nonantibiotic drugs.⁵¹ However, the results must be interpreted with caution, given the retrospective design and the use of diagnosis codes

to categorize reactions, which probably resulted in some misclassification of nonallergic reactions as allergic reactions.

AREAS OF UNCERTAINTY

The mechanisms underlying antibiotic allergy have not been clearly elucidated. This understanding is needed to facilitate the development of better diagnostic tools and drugs that are less immunogenic. Better understanding is needed of factors mediating individual susceptibility to allergic reactions to antibiotics. A few studies have evaluated the role of major-histocompatibility-complex polymorphisms in the predisposition of patients to drug reactions,^{52,53} but these findings need to be confirmed and expanded.

Some patients have reported adverse reactions to many chemically unrelated antibiotics. The existence of the so-called multiple drug allergy syndrome is controversial,^{54,55} and accepted diagnostic tests are needed to document drug allergy in these patients.

GUIDELINES

The American Academy of Allergy, Asthma and Immunology, the American College of Allergy, Asthma and Immunology, and the Joint Task Force on Practice Parameters for Allergy and Immunology have developed practice guidelines for the management of drug allergy^{29,47} on the basis of evidence and expert opinion. The recommendations in the present review are consistent with these guidelines.

CONCLUSIONS AND RECOMMENDATIONS

Patients who report a history of antibiotic allergy require a careful assessment of the nature of the reaction to determine the likelihood that it was immunologically mediated. For patients whose history suggests an IgE-mediated reaction to penicillin, such as the case described in the vignette, skin testing is indicated, if available, before they receive another β -lactam antibiotic. If test results are negative, the β -lactam agent may be administered. If test results are positive or testing cannot be done, the drug should be avoided or a desensitization procedure should be performed.

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